Can’t touch this

**Goal:** To have program participants (pps) lower their guard and force interaction

**Materials:** Big Sheets of paper (all equal size)

**Directions:** Divide the group into teams (as many as needed). Give each team one sheet of paper. Each team member must touch the paper with some part of their body. No team member may be touching another person with any part of his or her body or clothing. When this is achieved the team must sing the chorus to MC hammer’s Can’t Touch This. When this is completed you move onto round 2. Ask each team to fold the paper in half and repeat the exercise. When completed continue folding and touching until it can no longer be done. The team that successfully makes the most folds in their paper wins.